



PRAYERFULNESS

VIRTUE=STRENGTH.TM

SPORTSLEADER

The strength by which I spend time alone
talking with God.

VIRTUE=STRENGTH.

PRAYERFULNESS

INTRODUCTION

This week our strength building on the virtue of Faith is PRAYERFULNESS.

The strength by which I spend time alone talking with God.

Prayer isn't just another good thing to do; it's absolutely necessary if we want to know God's will in our lives and draw closer to him.

Let's encourage one another to find the time and the willpower to pray.

Let's be more intentional about embracing a life of prayer!

VIRTUE=STRENGTH.™

**THANK YOU
GOD
FOR BLESSING ME
MUCH MORE
THAN I DESERVE**

PRAYERFULNESS

RESOLUTION

WAY TO LIVE THE VIRTUE THIS WEEK

Practice PRAYERFULNESS this week
by setting:

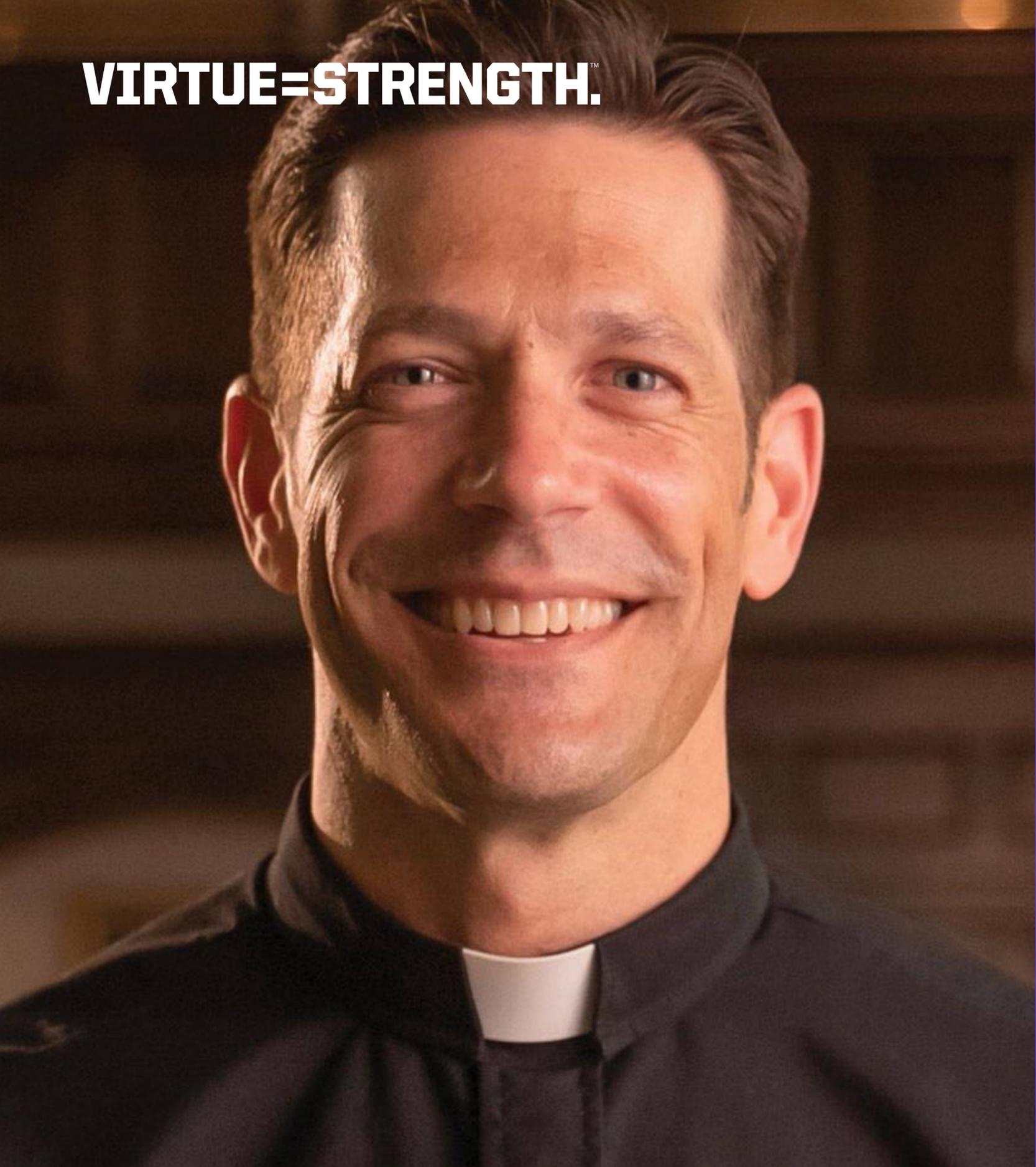
A specific time to pray.

Where you will pray.

What you will focus on in your prayer.

Why you will pray.

VIRTUE=STRENGTH.™



PRAYERFULNESS

TIPS ON HOW TO PRAY

TIPS ON HOW TO PRAY

Prayer isn't just another good thing to do; it's absolutely necessary if we want to know God's will in our lives and draw closer to him. The trouble is finding the time and willpower to pray.

In this video, Fr. Mike Schmitz suggests being a bit more intentional in our prayer lives, asking these four simple questions:

When are you going to pray? Set a specific time.

Where are you going to pray? Hint: Not in bed.

What are you going to do when you pray? Pick something to focus on and for a certain time period.

Why are you going to pray? Build your relationship with God



VIRTUE=STRENGTH.™



PRAYERFULNESS

STORY

BOYS PRAYS FOR MISSING CHILDREN AT WAL-MART

We all see them. The faces gazing out at us from posters hanging in post offices, community centers, and city buildings.

Many of us pass right by without a second thought.

But for this young boy who was visiting a Walmart with his mom, seeing a large board filled with the faces of those missing children stopped him in his tracks.

He went and did something about it. He didn't let "what others would say, think, look or do" stop him.

May his PRAYERFUL example inspire us to step up and help others in need whether it be through action or prayer.

Other times we might pray:

- Passing a cemetery.
- Ambulance, Fire Truck, Police Car ... driving by.
- Passing a hospital.
- When someone gets injured during a game.

VIRTUE=STRENGTH.



PRAYERFULNESS

“Whoever prays is certainly saved. He who does not is certainly damned.

All the blessed have been saved by prayer. All the damned have been lost through not praying.

If they had prayed they would not have been lost.

And this is, and will be their greatest torment in hell: to think how easily they might have been saved, just by asking God for His grace, but that now it is too late - their time of prayer is gone.”

- St. Alphonsus Maria de Liguori

VIRTUE=STRENGTH.™



PRAYERFULNESS

“Any time spent before the Eucharistic Presence, be it long or short, is the best-spent time of our lives.”

- St. Catherine of Genoa



VIRTUE=STRENGTH.TM

SPORTSLEADER

© SportsLeader.

SportsLeader is a charitable non-profit 501(c)(3) corporation.

1974 - A Douglass Blvd. Louisville, KY 40205

info@SportsLeader.org